

For our Spanish readers:

Usted Puede ...Protegerse a SI Mismo y a su Familia

Evite las picaduras de los mosquitos siguiendo estos pasos importantes y faciles:

~ Use repelentes contra insectos para evitar las picaduras de los mosquitos. El DEET, Picaridin y el Aceite de Limon- Eucalipto son repelentes aprobados por la EPA. Siga las instrucciones de la etiqueta con cuidado,

~ El DEET esta respaldado par la Academia Americana de Pediatria para los nines mayores de 2 meses de edad.

~ Cubrase cuando este al aire libre. Vistase con pantalones largos, camisa manga larga y calcetines desde el anochecer hasta el amanecer cuando los mosquitos estan mas activos. Cubra a su bebe, tambien. Use un mosquitero para cubrir el cargador 0 el cochecito del bebe,

~ Los mosquitos ponen sus huevos en agua estancada. Elimine el agua estancada en su propiedad, aun en pequenas cantidades, como el agua que se acumula en una llanta vieja 0 en una maceta vacia.

~ Limpie 0 drene los bebederos para pajaros y los estanques decorativos con agua que no circula, cada semana.

~ Limpie las canaletas de desague del techo.

~ Repare 0 instale mallas en sus ventanas ypuertas.

For more information

www.westnile.idaho.gov

Follow the links for information on public health...

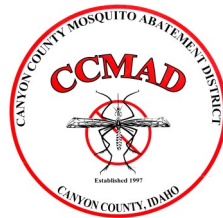
- General Health
- Pesticides
- Animal Health
- Birds, Wildlife and WNV

www.cdc.gov/westnile

www.canyoncountymosquito.com

DEET Education Program–
www.deetonline.org

Visit Canyon County Mosquito Abatement on **Facebook** . “**LIKE**” us for **UPDATES** on mosquito surveillance and positive WNV areas.



**CANYON COUNTY
MOSQUITO
ABATEMENT DISTRICT**

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West Nile Virus

WHAT YOU SHOULD KNOW



Public Health Threat

**Get the FACTS!
Protect yourself
and the ones you
love!**

**CANYON COUNTY
MOSQUITO ABATEMENT
DISTRICT**

Sustaining Member: **AMCA, NWMVCA, IMVCA**

2016 Statistics of neuroinvasive and non-neuroinvasive disease cases.

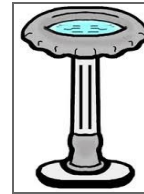
Nationwide Reported Infections: 2038
Neuroinvasive: 1140
Non-neuroinvasive: 898
Fatalities: 94
+Horse: 377
Idaho Reported Infections: 9
Fatalities: 0
Canyon County: 2 (not locally acquired)
Fatalities: 0
+Horse: 7 (statewide)

2016 Positive WNV mosquito pool
Locations for Canyon County:

- **Deer Flat National Refuge: Access 4 along Lakeshore Drive.**
- **Deer Flat National Refuge: Access 1 along Lakeshore Drive.**
- **Middleton near Boise River off Lansing Lane.**
- **Middleton near Boise River off Ballard Lane.**
- **Parma: Sand Road near Boise River.**

You Can Protect Yourself and Your Family!

- ⇒ Use insect repellents to avoid mosquito bites. DEET, Picaridin and oil of Lemon Eucalyptus are all EPA approved repellents. Follow label instructions carefully.
- ⇒ Cover up when outside. Put on long pants, long-sleeved shirts and socks from dusk to dawn when mosquitoes are most active. Cover up your baby too. Use mosquito netting over baby carriers and strollers.
- ⇒ Clean or drain bird baths and non-circulating decorative pond weekly.
- ⇒ Clean out rain gutters.
- ⇒ Pour out standing water in flower pots, old buckets, and anything else that can hold water to become stagnant.



- ⇒ Drill holes in old tires and trash cans so no water can sit in them.
- ⇒ Do Not Over Water your grass or pasture-this creates puddles where mosquitoes like to breed.
- ⇒ If you have horses, vaccinate them. Clean out troughs regularly.
- ⇒ Repair or replace window/door screens.
- ⇒ Keep weedy, harborage areas from becoming over grown.

REMEMBER: NO STANDING WATER IN OR ON ANYTHING THAT CAN BECOME STAGNANT!

Illness from West Nile Virus

West Nile Fever– Symptoms may include fever, tiredness, headaches, a rash and sore muscles. Symptoms can be very serious and painful and can last for days to months.

West Nile Neuroinvasive Disease– The virus may infect the brain or nerves causing very serious problems like brain swelling and paralysis. A person with West Nile Neuroinvasive Disease may have seizures, tired arms and legs, a rash, stomach pain, and may seem confused. Recovery can take months, or may lead to long-term problems and in rare cases, death.

Your doctor is the best person to talk to about WNV.

